



IT'S TIME ... TO TALK ABOUT IT! CONNECT. RESPECT. PREVENT SEXUAL VIOLENCE.

It's time ... to write about it! Here's a sample Letter to the Editor.

Before writing a Letter to the Editor, check with the newspaper about submission guidelines. In most cases, newspapers will limit the length of letters and require contact information for verification. Please review their policies regarding their editing and publishing practices.

Dear Editor,

Let's be honest, "it" is not an easy subject to talk about. Most of us are uncomfortable talking about sex. But let's take a moment and get past the blushing, because this conversation is so important.

April is Sexual Assault Awareness Month, and this April, communities across the country are proclaiming "It's time ... to talk about it!" This year's campaign encourages individuals and communities to bring healthy sexuality into the conversation on how we connect with and respect one another in order to prevent sexual violence.

By talking about "it" we are making the connection that promoting healthy behaviors encourages relationships that are consensual, respectful and informed. That is what healthy sexuality is about. Healthy sexuality is having the knowledge and power to express sexuality in ways that enrich our lives. Healthy sexuality is free from coercion and violence.

It is important to understand that sexuality is much more than sex. Healthy sexuality is emotional, social, cultural and physical. It is our values, attitudes, feelings, interactions and behaviors. It changes with time and experience.

Individuals need accurate information about relationships, sexuality and positive behaviors to ensure the opportunity to make healthy sexual choices. These choices impact our lives, loved ones, communities and society.

All of us have a role in building safe, healthy relationships and communities. When we start the conversation about healthy sexuality, we raise awareness. Prevent sexual violence by talking about "it." It's time ... to talk about it!

Your name here,
Your city here